



## Tool Kit

### All Things Back to School: Physical, Mental, Social and Emotional Wellbeing

#### EEO - Educational Opportunities Office

[www.cde.ca.gov/sp/eo](http://www.cde.ca.gov/sp/eo)

Point of Contact: [EOO@cde.ca.gov](mailto:EOO@cde.ca.gov)

Technical assistance: [SHSO@cde.ca.gov](mailto:SHSO@cde.ca.gov)

#### TUPE - Tobacco-Use Prevention Education Office

[tupe@cde.ca.gov](mailto:tupe@cde.ca.gov)

#### 2024-2025 Annual Notice to Parents

Office of School-Based Health Programs:

[OSBHP@cde.ca.gov](mailto:OSBHP@cde.ca.gov)

- [Alternative Schools & Programs of Choice - Educational Options \(CA Dept of Education\)](#)
- [California College Guidance Initiative and Annual Parent Notifications](#)
- [Identification & Parent Notification Requirements - Multilingual Learners \(CA Dept of Education\)](#)
- [California Laws & Codes](#)
- [Title I, Part A Parent and Family Engagement - Title I, Part A \(CA Dept of Education\)](#)
- [Uniform Complaint Procedures](#)

#### CYBHI

#### Children and Youth Behavioral Health Initiative

- <https://cybhi.chhs.ca.gov/education/>

- <https://cybhi.chhs.ca.gov/resource-external/>
- [Safe Spaces: Foundations of Trauma-Informed Practice for Educational and Care Settings | OSG](#)
- <https://www.hellobrightline.com/brightlifekids/>
- [www.neverabother.org](http://www.neverabother.org)
- <https://livebeyondca.org/>

## Soluna, Powered by Kooth

Dr. Laura Tully

VP Clinical Integrations & Partnerships

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- **Android:**  
<https://expo.dev/artifacts/eas/b4wX3S9fgRcUjt6mHUi2QE.apk>
- **iOS Demo App:**  
**Step 1:** Install testflight app  
<https://apps.apple.com/us/app/testflight/id899247664>  
**Step 2:** Install demo soluna app and then launch the demo app from *inside* testflight  
<https://testflight.apple.com/join/SHbXXH3d>

## All Things School Nursing

CSNO -California School Nurses Organization

- [CDPH Guidance on Head Lice Prevention and Control for K-12 Schools and Child Care Facilities](#)
- Department of Health Care Services: [Naloxone Distribution Project \(NDP\) Application \(qualtrics.com\)](#)
- California Department of Public Health Training Program: [Naloxone \(ca.gov\)](#)
- State-wide standing orders: [Epinephrine Standing Orders \(ca.gov\)](#)
- Free Epi-Pen for school: [EPIPEN® \(epinephrine injection, USP\) and EPIPEN JR® \(epinephrine injection, USP\) Auto-Injectors \(epipen4schools.com\)](#)
- CDE Training Standards: [Administration of Epinephrine Auto-Injectors - Health Services & School Nursing \(CA Dept of Education\)](#)
- Albuterol Resource- Toolkit for Schools: [Stock Albuterol Inhaler Toolkit for Implementation \(google.com\)](#)
- Shots for School: [Shots for School \(ca.gov\)](#)
- School & Childcare Rooster Lookup (SCRL): [California Immunization Registry](#)

- **Medical exemption waiver: [CDPH CAIR ME](#)**
- **California TB Risk Assessment: [School Employee Tuberculosis \(TB\) Risk Assessment Questionnaire for pre-K, K-12 schools and community college employees, volunteers and contractors\) \(ctca.org\)](#)**
- **Suicide Prevention: [LivingWorks Start for California Schools](#)**
- **[Youth Suicide Prevention - Mental Health \(CA Dept of Education\)](#)**
- **Climatic Heat Stress & Exercising: American Academy of Pediatrics (AAP) ([Bergeron. M. et al, 2011](#))**
- **[heat emergency action](#)**
- **Child Health & Disability Program (CHDP) Physical Exam Requirement Ends: <https://www.dhcs.ca.gov/services/chdp/Pages/CHDP-Transition.aspx>**
- **[SDCOE: School Nursing](#)**
- **More Information at California School Nurses Organization: [Home \(memberclicks.net\)](#)**

## **SB 224**

Office of School-Based Health Programs:

[OSBHP@cde.ca.gov](mailto:OSBHP@cde.ca.gov)

- **[Mental Health - Learning Support \(CA Dept of Education\)](#)**
- **<http://scoe.org/FMH>**
- **<https://wellnessedlab.org>**
- **[Classroom Education - Erika's Lighthouse \(erikaslighthouse.org\)](#)**

## **Sonoma County Office of Education**

### **Community of Practice series virtual meeting dates:**

Aug. 29, 2024

Nov. 7, 2024

Jan. 16, 2025

Mar 6, 2025

[Register here](#)

### **SB 224: Mental Health Instruction**

Office of School-Based Health Programs:

[OSBHP@cde.ca.gov](mailto:OSBHP@cde.ca.gov)

- Sonoma COE who developed a course for middle and high school: Foundations of Mental Health (<http://scoe.org/FMH>)
- WEL, Wellness Education Lab provides two training modules, Mental Health Foundations and Rethinking Anxiety (<https://wellnessedlab.org>)
- Erika's Lighthouse: [Classroom Education - Erika's Lighthouse \(erikaslighthouse.org\)](http://erikaslighthouse.org)

## **Apportionment for Reversing Opioid Overdose Fiscal Year 2023–24**

Office of School-Based Health Programs:

[osbhp@cde.ca.gov](mailto:osbhp@cde.ca.gov)

- Pursuant to [California Education Code \(EC\) Section 49414.8](#), added by Section 55 of Senate Bill 114 (Chapter 48, Statutes of 2023).
- Schedule of Allocation available at <https://www.cde.ca.gov/fg/aa/ca/> (Link will be updated once Funding Results page is posted.)
- Naloxone Project: [Naloxone \(ca.gov\)](#)
- Naloxone Training Video: [Administering Naloxone \(youtube.com\)](#)