Your child has COVID-19 -- here are next steps

Direction from County Public Health on what to do if your child tests positive for COVID

Consult with a physician

Follow physician's advice re treatment of COVID-19

Disinfect and sanitize

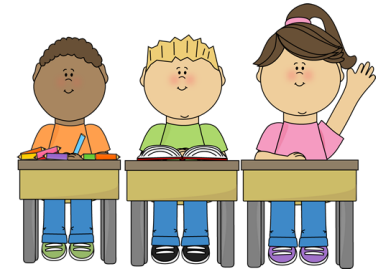Clean areas at home where child spends significant time

Isolate child, quarantine from school

Child needs to remain away from school for 10 days

Help your child keep up with school

Teacher(s) will be sending assignments to be done at home; please support your child with this work

Return child to school after 10 days

Child may return to school once at least 10 days have passed, child has no fever for 24 hours, and other symptoms have improved

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Santa Barbara County PUBLIC Health DEPARTMENT

Updated 8/16/2021

What if your child has been exposed to COVID?

Public Health's direction for children who are close contacts of someone with COVID

If your child has symptoms

Isolate child at home, seek medical advice, and get a COVID test

As possible, help child keep up with school. Support your child on independent study work assigned by the teacher(s).

Child may return once 10 days have passed, child is fever-free for 24 hours, other symptoms have improved, or child has non-COVID diagnosis.

If your child has no symptoms and is vaccinated

CDC recommends that vaccinated persons get tested 3-5 days after exposure and continue to wear a mask indoors

If symptoms, see above!

If your child has no symptoms and is unvaccinated

If both parties wore face coverings: Child may continue attending school but stay out of extracurricular/sports activities; also must test twice during 10 days following exposure

If either party did not wear face covering: Child must quarantine from school for 10 days; quarantine can end on Day 8 if test is done on Day 6 or 7 from last exposure and result is negative

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