



7 Ways

Telehealth Can Improve
Student Trajectory

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Every school leader wants students to feel and do their best.

The use of telehealth technology is valuable to school districts, especially as they develop remote learning solutions and prepare to welcome their students back to school safely.



What is Telehealth?

Telehealth is the union of
technology and health care.

It uses a variety of technology and electronic communications to provide any health-related service remotely. Telehealth at school can help expand valuable services available in the school health office.

Fast Fact: Each school telehealth visit that addresses a student's need at the moment, returns an average of **3 hours** of learning time.



Benefit 1:

**Telehealth decreases
student absences**

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Benefit 1:

Telehealth decreases student absences

Research shows that when schools provide healthcare services for their students, it has a measurable impact on reducing chronic absenteeism. By providing telehealth services at school, districts can:

- Help students manage health conditions that put them at risk for missing school due to symptoms
- Treat common health conditions during the school day
- Increase presence in the classroom, which leads to improved academic, and lifelong outcomes

Fast Facts:

Asthma is a leading cause of school absenteeism, accounting for about **14 million absences** each school year, and students with asthma are more than three times more likely to have ten or more absences than their peers.

Students miss nearly **2 million days of school** due to dental health problems and are **three times more likely** to miss school than their peers without dental pain.



Benefit 2:

**Telehealth provides students
more affordable healthcare**

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Benefit 2:

Telehealth provides students more affordable healthcare

The simple act of taking a sick child to see a doctor can be complicated and expensive for many Americans. Families often incur transportation costs, additional childcare costs, co-pays, and potentially lost wages to take children to healthcare appointments.

Fast Fact:

For individuals paid hourly, an average of **3+ working hours** are lost each day caring for a sick child.



Benefit 3:

**School telehealth services
can improve healthcare
access for students**

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Benefit 3:

School telehealth services can improve healthcare access for students

*Recently, school districts have started to take advantage of telehealth solutions to improve broader healthcare access and support their students' academic success. **This approach has been critical because:***

- Children living in rural or otherwise medically underserved communities often have limited access to nearby healthcare providers
- During school closures, some students are vulnerable to completely losing access to health providers
- Studies have shown that school-based health centers utilizing telehealth were more likely to reach students in rural communities than school-based health centers that do not

Fast Fact:

An estimated **13 million** young people living in rural, medically underserved areas.



Benefit 4:

**School telehealth positively
impacts students' immediate
and long-term health**

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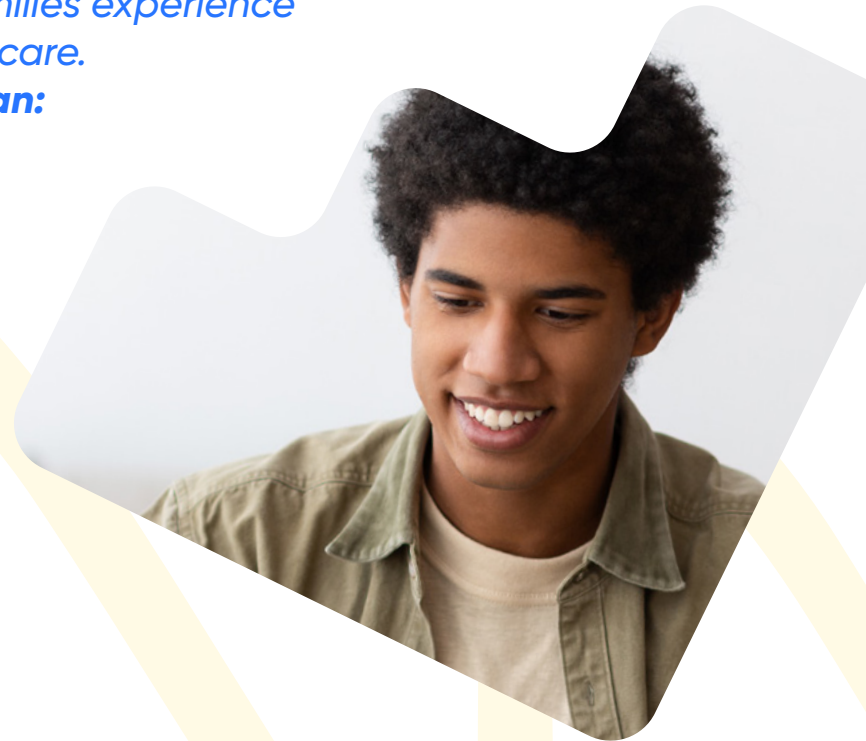
Benefit 4:

School telehealth positively impacts students' immediate and long-term health

Many students from socioeconomically disadvantaged families experience constraints that hinder access to regular preventive healthcare.

Increased access to routine care via telehealth services can:

- **Help students better implement healthy behaviors in all areas of their lives**
- **Provide management for chronic conditions (such as asthma or obesity)**
- **Help school districts close both health and academic achievement gaps for children**



Fast Fact:

There is an inextricable link between health and academic achievement. Students in poorer health struggle more academically. Students who struggle at school are also **more likely to develop health conditions** as adults.



Benefit 5:

Telehealth expands valuable
school health services

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Benefit 5:

Telehealth expands valuable school health services

*For decades, in-school health services have helped promote equal access to basic healthcare. Telehealth can expand these critical services by supporting school nurses in real-time and partnering with school health services to provide immediate care. **Telehealth can help schools:***

- Address immediate medical needs, such as a child experiencing a high fever
- Manage chronic conditions like asthma, diabetes, or behavioral health concerns
- Provide convenient, fast access, so patients are more likely to keep up with a treatment plan

Fast Fact:

With telehealth, medical professionals can provide quick and efficient care for **90%** of emergency and non-emergency needs.



Benefit 6:

Telehealth in schools
can improve long-term
academic outcomes
for students

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Benefit 6:

Telehealth in schools can improve long-term academic outcomes for students

*Limited access to consistent, convenient, and affordable healthcare can hinder students' ability to reach their fullest potential. **By delivering telehealth services in a safe and trusted school environment, where children spend the vast majority of their waking hours, schools can:***

- Keep students focused in the classroom and improve academic outcomes
- Support the educational goals districts have for students
- Increase student instructional time and improve achievement rates

Fast Fact:

Lost instructional time **increases the likelihood** that students will drop out of high school and have large achievement gaps.



Benefit 7:

Telehealth supports safe,
healthy schools during
COVID-19 and beyond

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Benefit 7:

Telehealth supports safe, healthy schools during COVID-19 and beyond

*Health and safety are a top priority for school districts as students return to campus after the pandemic and as districts adjust health policies in the future. **An efficient telehealth option can help educators and communities:***

- Implement social distancing, symptom screening, and hygiene practices to reopen safely
- Support students' physical and mental health as everyone readjusts to in-person learning
- Develop the appropriate policies, procedures, and protocols for managing contagious illnesses, including COVID-19, the flu, or the common cold



Fast Fact:

The use of school-based health centers is associated with improved delivery of vaccinations, comprehensive health assessments, oral health, vision, substance use, nutrition, and more.



About Hazel

Hazel Health provides virtual healthcare in a school-based, clinic-like setting, and also extends services to allow students to receive care at home. Hazel provides school districts with the hardware and software needed to establish a secure telehealth program within the health office or other secure location.

Hazel also deploys a specific set of operational protocols to ensure that visits are fully-compliant, evidence-based, and result in clear communication to all key stakeholders in that child's individual healthcare situation.

Hazel's approach to care is differentially focused on increasing health equity in pediatrics, and improving health literacy for families.

By maintaining a team of providers who are representative of at least 40% identifying as persons of color, Hazel offers districts and families culturally competent, relevant, and inclusive care.

In addition to ensuring the provider team is representative of the communities Hazel serves, a significant percentage of the team is multilingual, increasing the capacity to understand students and their families both in words and context.

By prioritizing Diversity, Equity, and Inclusion (DEI), Hazel providers are able to quickly build trust and give students and families a sense of safety and dignity that they may not otherwise experience in the broader healthcare system.

We partner with leading education organizations to provide telehealthcare to students, so they stay healthy and learning:



Questions?

Contact info@hazel.co

All children should have equal access to quality healthcare. Hazel expands school health services by giving students fast access to doctors from the health office or home.

If you're interested in learning how Hazel can help your district, please contact us **here** or email us at **info@hazel.co**.



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